The Light Shines Brightest During The Offseason

By Jorden Hampton June 26, 2023



Photo provided by Getty Images

Blockbuster trades, players getting cut because of the salary cap and coaches getting hired and fired. The NFL offseason is in full throttle.

The light shines brightest during the NFL offseason because games aren't being played. More downtime means more secrets get revealed. News regarding players and teams is constantly leaked during the offseason.

Official team activities, mandatory minicamp and training camp take place during the offseason. Players aren't required to attend Ota's. Veterans like Saquon Barkley have chosen to skip mandatory minicamp.

Biggest Storylines in 2023

Storylines get stronger each offseason. This offseason three storylines caught my eye. The storylines include Stefon Diggs frustration with the Buffalo Bills and the running back market.

Stefon Diggs shared his frustration with the Bills via Twitter. Diggs posted cryptic tweets targeted towards the Bills. Diggs has spent the offseason scratching his head over the Bills' playoff loss to Cincinnati. Diggs' appeared on the Shop and shared his perspective on the Bills failures to win in the postseason. Diggs said, "I don't understand why we haven't won the Super Bowl. We have the pieces."

Diggs recorded 1,429 yards in 2022, the second most in his career. Digg continued to build chemistry with Josh Allen. Despite Diggs' individual success, the offseason showed everything isn't sunny in Orchard Park, New York. We'll see how Diggs offseason drama affects the Bills in 2023.

The running back market has made headlines this offseason. Josh Jacobs and Saquon Barkley haven't signed their franchise tags. Kareem Hunt and Ezekiel Elliott haven't signed with another team. Dalvin Cook was released after years of production. This NFL offseason showed that teams don't value running backs. Teams can always draft a younger running back. Teams don't have to break the bank to pay a running back with an expiring rookie contract.

NFL Offseason (gridironheroics.com)